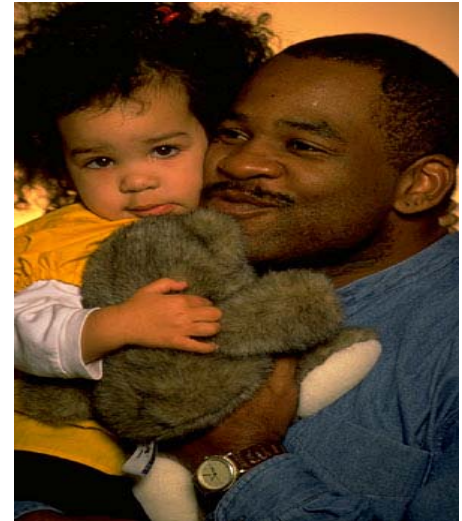


Family Centered Practice

What is Family Centered Practice?

Family Centered Practice represents a way of working with people that values individuals and families. Nebraska Health and Human Services System is committed to providing services that are built on this foundation. Family Centered Practice is based on a core set of values, beliefs and principles that recognize that families can contribute to all aspects of services through their active participation.



Values, Beliefs and Principles

In order to help assure that HHS' involvement with families is efficient and effective, families are actively engaged in the planning process. Central to family involvement are the identification of strengths, outcomes, needs and strategies.



Values, beliefs and principles include –

- Compassionate
- Individualized
- Strengths based
- Culturally competent
- Team developed and supported
- Outcome focused
- Needs driven
- Flexible
- Unconditional
- Normalized
- Community based

How Does Family Centered Practice Work?

Family Centered Practice involves getting to know the family, discovering their strengths and ensuring all family members are safe. This is followed by identifying outcomes and unmet needs of the family. A family team is formed that develops a plan that addresses unmet needs to achieve defined outcomes in ways that use the strengths of the family.



Why Family Centered Practice?

Family Centered Practice is a strength-based approach to working with children, youth and families. It is an approach that allows the family to drive the planning process and therefore focuses on the priorities defined by the family. As a result, Family Centered Practice is individualized and aimed at helping people meet their needs while they remain in their homes and their neighborhoods whenever possible. Families receive support in facilitating the process and identifying individuals, both within and outside of formal human services systems, who might serve as helpful resources. Family Centered Practice builds on people's strengths to achieve outcomes that are important to them in ways that reflect their values, culture and preferences.